



## What is The Human Race?

The Human Race is a 5k walk/run and fundraiser for all charities serving McHenry County. It will take place April 15, 2012, **National Volunteer Week**. Sign up and raise money for a charity of your choice. Or just participate in the event and designate an organization to receive the donation of your registration fee.



## Registration

Get a discount by registering online at Active.com.

Though April 8, 2012

online: \$25  
Offline: \$30

After April 8, 2012

Online: \$30  
Offline: \$35

The first 1000 registrants are guaranteed a t-shirt so be sure to sign up early!

You may register in person at one of our packet pick-up locations or on race day.

Make checks payable to **Not-For-Profit-Resources** and mail with your registration to the following address:  
**Human Race, PO Box 386, McHenry, IL, 60051**

*Make sure to support these generous sponsors that are helping your community!*



Partner agency of:

United Way of McHenry County



This year during **National Volunteer Week**, support a cause and your community!

**April 15, 2012**

**9AM at**

**McHenry Corporate Park, Prime Pkwy**



**A 5K Walk/Run Supporting McHenry County Charities**

**Net proceeds/donations benefit charitable organizations Serving McHenry County**

Organized by:

**Not-For-Profit Resources**

4508 Prime Parkway

McHenry, IL 60050

Phone 815-344-GIVE (4483)

**www.mchumanrace.org**

**www.volunteermchenrycounty.org**

## Registration (Please Print)

Name: \_\_\_\_\_ Sex:  Male  Female **Date of Birth** \_\_\_\_\_  
Address: \_\_\_\_\_ Age: (on 4/16/12)  5K Run  5K Walk  
City: \_\_\_\_\_ State: \_\_\_\_\_ T-Shirt Size:  YL  S  M  L  XL  XXL  
Zip: \_\_\_\_\_ Phone: (\_\_\_\_) \_\_\_\_\_  
(Fee is \$30, \$35 after April 8, 2012)

### Organization you wish to support

I recognize and acknowledge that this is a Race 5k Run/Walk. I voluntarily agree to assume the full risk of any and all injuries, damage, or loss, regardless of severity, that may happen as a result of participating in the Human Race. I certify that I am medically able and properly trained to race. I hereby release Not-For-Profit Resources, Inc. staff, volunteers, sponsors, City of McHenry, McHenry Industrial Park, officials, registered charitable organizations, and the committee members from all liability for injury, damages, or loss that may occur to me and arising of, connected with, or in any way associated with this activity. I have read and fully understand the above important information, warning of risk, assumption of risk and waiver and release of any claims. Photos at this event may be used for future promotional materials.

Participant's Signature \_\_\_\_\_

if under 18, Parent of Guardian's signature \_\_\_\_\_

**Make checks payable to Not-For-Profit-Resources. Mail to: Human Race, PO Box 386, McHenry, IL, 60051**



### Packet Pick-up

Beat the race day rush and pick up your packet early. Packet pick-up will be available at the following times and locations:

- **Noon to 4pm Friday April 13** at the McHenry County Defenders, 110 S Johnson St Woodstock, IL
- **11am to 2pm Saturday April 14** at The Running Depot, 30 N Williams St, Crystal Lake, IL
- **7:30am to 8:30am Race Day**, Corporate Park, McHenry, IL



### Race Day Timeline

**7:30am-8:30am:** Packet pick-up & registration  
**9am:** Race start, walkers will be released following all runners



### Awards and Prizes

Awards will be given to the top male and female finishers. Medals will be awarded to the top 3 finishers in each age group.

Fundraising Awards (pledges must be turned in by May 1, 2012 to be eligible):

- \$500 Top fundraising organization
- \$250 Top fundraising individual to the organization of their choice.
- \$150 Nonprofit with most fundraisers
- \$100 Nonprofit with most race participants
- \$100 Nonprofit most improved



### Collect pledges for your favorite charity

Support your favorite charity by collecting pledges on their behalf. Use our online tool to boost your fundraising power. Go to [www.mchumanrace.org](http://www.mchumanrace.org) and click on the "Register or Donate" page to connect to the online tool by clicking the "Donate" button.

Download a pledge sheet from the website to raise money without the online tool. You can also pick up pledge sheets at the organization you are supporting or at the Volunteer Center. Pledges can be turned in on race day or mailed to the Volunteer Center by May 1, 2012.



### Start a team!

Don't want to go it alone? Create a team with your friends, family, co-workers, or fellow volunteers. There is power in numbers! Your team can create it's own fundraising webpage for each member to link up with using our online fundraising tool.



### More Information

For additional information about The Human Race and how you can get involved, visit [www.mchumanrace.org](http://www.mchumanrace.org), email [info@mchumanrace.org](mailto:info@mchumanrace.org) or call the Volunteer Center at 815-344-4483